

Soul & DNA

Ties

Part 2: Be Aware

Of Your Spirit - Soul - Body



"Let there be Light" – Gen 1:3

EXTRACT

This is the most important message that you as a believer shall ever read in your life. Please do not be sidetracked by the title of this teaching. I am sharing Godly truths with you – not from hearsay – but from my own experiences – how God dealt with me over many years as a believer showing me all the hidden sins that kept us in captivity.

We are captive because of a lack of knowledge.

Isa 5:13a Therefore my people are gone **into captivity**, because **they have no knowledge**

But the prophet Isaiah goes on with more terrible news: "*Therefore **hell hath enlarged herself, and opened her mouth without measure: and their glory, and their multitude, and their pomp, and he that rejoiceth, shall descend into it.***" (Isa 5:14). Because of a lack of knowledge, hell enlarged and he that rejoice shall descend into it. I am not here to condemn you, nor is God condemning you. It is God's desire and His heart to set you free, henceforth these truths, when you open your heart that the Holy Spirit draws you into the truth and you acknowledge it – the truth shall set you free (John 8:32).

In meekness, I am giving these instructions under the inspiration of the Holy Spirit unto you and I am praying to the Holy Spirit peradventure will give you repentance to the acknowledging of these truths (2Ti 2:24)

This is the good news, if you submit to God, asking Him to reveal to you all that is hidden, and you repent and acknowledge the truth, you shall recover yourself from of the snare of the devil who is taken you captive by him at his will (2Ti 2:26)

Believers are not aware and in many cases confused about the term Spirit-Soul-Body. This part of the series; "Soul & DNA Ties" reveals to the reader who you are in Christ and what the Bible teaches us about your spirit, your soul, and your body. Understanding this first is crucial in the identification of all Soul and DNA Ties in you life and in your generation.

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Soul & DNA Ties

Part 2: Be Aware of your Spirit - Soul - Body

INTRODUCTION

In Part 1 we dealt with the issue of how believers can be under the influence of demons. It does not have to do with ownership, but you come under the influence of these spirits. There are many spirits, and all of them are significant (1 Cor 14:10) and when you listen to these voices you become a slave to whom you yield to (Rom 6:16). Paul clearly warned us in the New Testament to be aware of the Chaldeans, demons that are looking for open places to dwell in. The devil is the father of lies and he is a thief (John 10:10; John 8:44), therefore his army of demons are stealing God's Households who do not belong to them (Ps 83:12).

Jesus also came and taught us, showing us in various scriptures how sons and daughters of Abraham (believers) were bound by demons and that He had come for their deliverance (John 8:31-47; Luk 13:11-17; Mark 7:24-30).

In John 8, Jesus made a profound statement - he said that these servants abide not in the house forever, but I - the Son of God abide forever! That means you have to get rid of the squatters in your house!

Joh 8:35 And the servant abideth not in the house for ever: *but* the Son abideth ever.

Before you can just get rid of these squatters in your house, you first need a clear understanding of who you really are? I am speaking from experience, how confused I was when people spoke about the soul and the spirit. They used terminology and mixed it in such a way that nobody was be able to grasp scriptures and get



deliverance. When I read the book of Andrew Wommack - Spirit, Soul and Body and the book of Dr. Henry Wright - A More Excellent Way, Be in Health and listening to the ministry of Katie Souza - Healing your wounded soul, a new world opened up to me and my own deliverance came. Freely I received and freely I shall give - this is to help you to get free and to get rid of all the squatters in your house, as I did. Isn't it interesting that Jesus combines this with healing the sick, cleansing the lepers, raising the dead and casting out devil? Yes, you can believe it today - this is the Father's heart for you and me even for today!

Mat 10:8 Heal the sick, cleanse the lepers, raise the dead, cast out devils:
freely ye have received, freely give.

Understanding spirit, soul, and body, the rest will just fall into place and you will be delivered. That is the good news of the Gospel.

UNDERSTANDING SPIRITUAL-BEING

For a more thorough discussion of this see the complete teaching of The Believer's Identity. The idea is to give sufficient background information that you will have a clear picture of who you really are which will help you when we deal with Soul and DNA ties later on to heal your soul and walk out into freedom.

The Bible is the only source that explains the truth. In 1 Thessalonians 5 it clearly indicates that we are spirit, soul, and body.

1Th 5:23 And the very God of peace **sanctify you wholly**, and *I pray God* your whole **spirit** and **soul** and **body** be preserved blameless unto the coming of our Lord Jesus Christ.



Looking in the mirror is not who you are! We are a spirit (*technical speaking we are - well at least after you are born again - not a human being, but a **spiritual being***), with a soul, walking around in a body. Our bodies are just our earthly suits to walk around with on earth.

2 Cor 5:1 For we know that if the **earthly tent** [our physical body] which is our house is torn down [through death], we have a building from God, a house not made with hands, eternal in the heavens.

Our soul consists of our mind, emotion, will and sub-conscious. As we will see later on, the carnal mind (soul) can only base information on your five senses, namely your sight, smell, taste, hearing, and feelings. These senses have nothing to do with your spirit, as we can't see, smell, taste, hear or feel our spirit. So, you can only feel your soul and body, but not your spirit. When something happens in your spirit - you can't feel it. That is why your carnal mind is always telling you that nothing has happened. This is a lie! We need to get our carnal mind out of the way.

Anything that happens in our spirit is based on FAITH and not on any feelings or emotions. That's why we need to get our mind - our flesh - our carnal mind out of the way. You can feel your body and you can feel your soul. This through words to you that hurt you without physically touching your body. By speaking to your soul I can make you glad, sad or mad. It is easy to know how you feel in your body and soul because you're constantly in touch with them. Our bodies are constantly feeding us with information about how we feel. The same with our souls - we know that we are happy or hurt - mentally worn out or sharp and ready to go or just plain angry. You'd even be aware of fear or depression - because we are always in touch with our souls.

However - your spirit cannot be accessed in any natural way.



Joh 3:6 That which is born of the **flesh is flesh**; and that which is born of the **Spirit is spirit**.

This is a profound truth and you have to take a few minutes to let it sink in.

I struggled myself for many years, because of my lack of knowledge and understanding about who I am. Flesh is flesh and Spirit is spirit. You cannot mix them. Jesus declared that there is no direct connection between the two - between spirit and the body - flesh. They are interrelated as you'll later see - but spirit is spirit and flesh is flesh. *Do you want to know why God made us like this?*

Because if God did not split the spirit from the soul He couldn't redeem us from internal death and hell!!

You simply can't contact your spirit through your emotions or your physical body - herein lies one of the great problems of the Christian life! Understanding spirit, soul, and body unlocks the spirit realm.

So you can experience who you are and what you have in Christ!

Since we can't see or feel the spiritual realm - the only way to accurately perceive spiritual truth is through the Bible. ***Simply take God's Word and believe it! (Remember our opening statement: You have to change your mind believing the Word of God, because everything else is a lie, coming from the devil who is the Father of all lies).*** God's Word reveals spiritual reality.

Joh 6:63 It is the **spirit that quickeneth**; the **flesh profiteth nothing**; the **words that I speak** unto you, *they* are **spirit**, and *they* are **life**.

If you want to know what your spirit is like - you must find out from the Word of God. You can't go by any emotion on this nor to some other type of perception - God's Word is SPIRIT and LIFE. God's Word is a Spiritual Mirror!



Jam 1:23 For if anyone only listens to the Word without obeying it and being a doer of it, he is **like a man who looks carefully at his [own] natural face in a mirror**; 24 For he **thoughtfully observes himself**, and then goes off and **promptly forgets what he was like**. 25 But he who **looks** carefully into the faultless law, the [law] of **liberty**, and is faithful to it and perseveres in looking into it, being not a heedless listener who **forgets but an active doer** [who obeys], he **shall be blessed in his doing (his life of obedience)**. AMP

Looking at your face in a mirror - you aren't really seeing yourself - rather you're viewing a reflection. Think about it - you have never seen your face - only a reflection of it. It's the same with your born-again spirit - God's Word perfectly reflects who you are in the spirit - it's the only way you can know. You can't just assume: "If I had God's power inside of me - I'd be aware of it" because that which is spirit is spirit and that which is flesh is flesh - You must look in God's mirror and trust the spiritual reality you see.

Every born-again believer has undergone a complete inner transformation

2Co 5:17 Therefore if any man *be* in Christ, *he is* a **new creature: old things are passed away**; behold, **all things become new**. 18 **And all things are of God**, who hath reconciled us to himself by Jesus Christ, and hath given to us the ministry of reconciliation;

This Scripture is saying that ALL THINGS become new. It declares old things have passed - past tense! All things have become new - present tense - reality right now! All things are of God. But your body remains the same and you are still stupid as before your born again experience. The time will come when we all will receive a glorified body but that hasn't happened yet.

1Co 15:53 For this corruptible must put on incorruption, and this **mortal must put on immortality**. 54 So when this **corruptible shall have put on incorruption**, and



this **mortal shall have put on immortality**, then shall be brought to pass the saying that is written, Death is swallowed up in victory

Although Christ's atonement provided for you physically, your body has not yet been saved. It's been purchased - but not yet redeemed. Jesus purchased your glorified body through His death, burial and resurrection - although full payment has been made - you still have a corrupted body while you wait to receive your immortal, incorruptible one. At this movement, you do not yet have the redemption of the purchased possession.

Eph 1:14 That [Spirit] is the guarantee of our inheritance [the firstfruits, the pledge and foretaste, the down payment on our heritage], in anticipation of its full redemption and our acquiring [complete] possession of it--to the praise of His glory. AMP

Your Soul wasn't saved either!

This might sound strange to many people because they use terminology like "I'm a soul-winner" and I came to see a soul saved to describe an evangelist. In reality, the New Testament only mentions soul salvation a few times - and none of them - in context are talking about the born-again experience - Heb 10:39; James 1:21, 5:20; 1 Pet 1:9.

SOUL SALVATION HAPPENS WHEN AN EMOTIONALLY DISCOURAGED AND MENTALLY DEFEATED CHRISTIAN STARTS BELIEVING GOD'S WORD AND THEN EXPERIENCES VICTORY, PEACE, AND JOY AGAIN

When it comes to being born again - your soul wasn't the part of you that completely changed! If you were stupid before you were saved - you're still stupid after being saved. **If you were depressed before - you got saved - you'll stay depressed until you change the way your soul thinks by believing God's Word.**

YOUR SOUL CAN BE TRANSFORMED NOW TO THE DEGREE YOU RENEW YOUR MIND, CHANGE YOUR ATTITUDES AND CONFORM YOUR VALUES TO THE WORD OF GOD



This should happen, and it's in the process of happening but it doesn't automatically happen. In your soul, old things haven't passed away - and all things haven't yet become new. The transformation of your soul won't be completed until you get to be with Jesus! When you receive your glorified body - you'll also receive your glorified soul!

1Co 13:9 For we know in part, and we prophesy in part. 10 But when that which is perfect is come, then that which is in part shall be done away. 11 When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things. 12 For now, we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

When that which is perfect comes - your glorified body - your current partial knowledge will give way to full revelation! That's the coming future fulfillment of transformation and complete change in your body and soul. But 2 Cor 5:17 clearly states that any person who is in Christ is right now a brand-new creature

(2Co 5:17 *Therefore if any man be in Christ, he is a **new creature: old things are passed away***). Old things have passed away - all things have become new - this total transformation isn't just in process; it's describing a change that's already been done - an accomplished fact!

WHERE DID THIS COMPLETE CHANGE OCCUR? - ACCORDING TO GOD'S MIRROR -

NOT IN YOUR BODY AND NOT IN YOUR SOUL

BUT

IN YOUR BORN - AGAIN SPIRIT

Because of our sinful nature (as we all are born in sin - the reason for a born again experience to enter the Kingdom of Heaven) sin continues in our lives and because of minor and major **traumas** in our lives, our **souls are broken**. People constantly



experience disappointments in life, are in conflict with one another and in many cases with themselves. As we have explained, even when you are born again, baptized out of water and in the Holy Spirit, Christians are still depressed and still walking in fear. We sit Sunday to Sunday in churches and try to walk as born again Christians, but we are still in prison and captivity.

Why is this - and how can we break free?

Well, today is your day. I have very good news for you

Because I experienced it myself and helping many other people to break free from this captivity

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UNDERSTANDING THE SOULS

I strongly believe by not having a clear understanding of our previous discussions is the main reason why the Body of Christ is in prison and in captivity. It is because of a lack of knowledge that we are in bondage.

Isa 5:13 Therefore my people are gone into **captivity**, because *they have no knowledge*: and their honourable men *are* famished, and their multitude dried up with thirst.

Hos 4:6 My people are **destroyed** for **lack of knowledge**: because thou hast rejected knowledge, I will also reject thee, that thou shalt be no priest to me: seeing thou hast forgotten the law of thy God, I will also forget thy children.

Knowing how the spirit, soul and body work and function with a clear understanding of who you are in Christ after you had been born again, is the road to your freedom. So let's look at what is happening in our soulish realm and how we can heal our broken souls after our born again experience.

HOW DOES IT WORK!

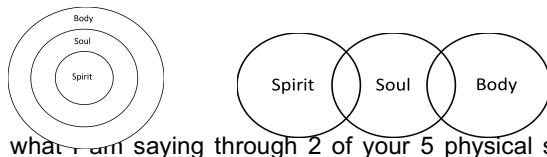


How is it possible that evil spirits can have access to the human spirit? They access our thoughts through our brainwaves!

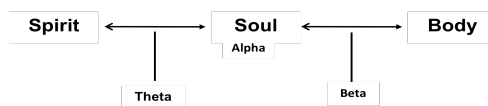
- There are 4 types of brainwaves: alpha, beta, theta and delta
- Delta waves are dream state and will not be discussed here
- These brainwaves operate in the realm of your physiological brain
- Each of these brainwaves is necessary for our comprehension in thought
- These 3 brainwaves facilitate images, thought and how we process it as a living being

This gives us our deductive reasoning, our personality and the compositeness of our existence. **The real YOU is your spirit:** When God created man He created first the body and the soul but there was not yet life in it - Life only came when God BREATHED into man that His spirit came alive (*the body without the spirit is dead - James 2:26*). As we have said, our soul consists of our the MIND, EMOTION & WILL. Reality is not just the physical realm that we live in but includes also a spiritual realm.

This is a physical illustration of the spirit-soul-body. Our SOUL is the bridge between the spirit world and the physical world.



You comprehend what I am saying through 2 of your 5 physical senses - Sight & Hearing.



As you are listening your **"Beta"** brainwaves are being activated

- They allow your brain to pick up **images of sight** and **sound through an electrochemical** process
- You are actually taking **snapshots, pictures** - it is **short-term memory**
- Your brain records the experience from the physical world - **This process programs your SOUL**

Your SOUL involves;

- Your **intellect**,
- Your **mind**,
- Your **emotions**
- The recording of your good and bad experiences in life; and your will, to make decisions!

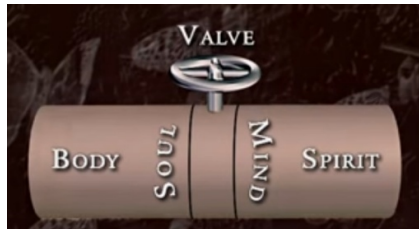
Your soul function in the physical realm

- When we see and or experience tragedy in life it breaks your heart - it all happens in the physical realm
- Our bodies are also trapped in the physical world
- BUT our Soul can move forward and backward - henceforth can also function in the spiritual realm / world (as it is the bridge between the spirit and physical world).

Our mind is a Valve that shuts down what is supposed to flow from the spiritual mind / realm to our souls. Inside of us - in our spirit - we always have the fullness of God as a Born Again Christian. Know we must BELIEVE that it opens up our soul for what is true in the spiritual realm. For without FAITH it is impossible to please God - (*Heb 11:6 But without faith, it is impossible to please him: for him that cometh to God must believe that he is and that he is a rewarder of them that diligently seek him*).



Everything that is true in the spiritual realm - we BELIEVE - and the more we hear / focus and meditate on it the more our minds are renewed and we become a new person!



PROCESS OF PROTEIN SYNTHESIS

As we think about things over and over again, protein synthesis occurs.

- It involves RNA and DNA but specifically RNA.
- Our thoughts that are recalled over and over again actually becomes permanently part of our biology.
- **God** want to train you so that His **law is not just in your spirit**, but so that His law is part of your **personality** as a human being.
- **The enemy** wants to train us too and he uses the same pathway - **Theta Waves**. **This is the law of sin as part of your personality - Opposed to the law of GOD.**
- **There is a battle because both laws are in your members according to Scripture.**
- Even as Christians, we have the law of sin in our members.
- For example - do you ever experience strife in your families? Is the distance between your brain and your tongue ever zero? Are the words that come out of your mouth words of life or words of death?
- The law of sin is reinforced by a being (sin by its fallen nature) or because your mind has not been renewed.



- Everything you perceive externally is recorded in your long-term memory, which becomes part of your biology.
- Many Christians serve sin - that does not mean they are possessed - It means they are under the influence of the law of sin and they follow it as if it were truth

Rom 7:23 But I see another law in my members, warring against the law of my mind, and bringing me into captivity to the law of sin which is in my members.

RENEWED MIND

Now it makes must more sense to say that scripture says to renew your mind!

Rom 12:2 And be not conformed to this world: but be ye transformed by the **renewing of your mind**, that ye may prove what is that good, and acceptable, and perfect, will of God.

Until now it must be clear that we are a spiritual being, with a soul living in a body. We are born in sin out of a corruptible seed! Sorry to shock you, but **before we are born again (baptized in the water and with the Holy Spirit) - we all were under the control of the prince of the air which works in us - the sons of disobedience!**

Eph 2:2 In which at one time you walked [*habitually*]. You were following the course and fashion of this world [*were under the sway of the tendency of this present age*], following the **prince of the power of the air**. [*You were obedient to and under the control of*] the [**demon**] spirit that still constantly works in the **sons of disobedience** [*the careless, the rebellious, and the unbelieving, who go against the purposes of God*].

These are hard words man, but it is the truth.



If it was not so, why did God then told as that which is born of the flesh is flesh and which is born of the Spirit is spirit?

Joh 3:6 That which is born of the flesh is flesh; and that which is born of the Spirit is spirit.

That is precisely the reason why we need to be born again - not of **corruptible seed** (the flesh) but of **incorruptible seed** - the Word of God. Reborn from above, spiritually transformed through the everlasting Word of God.

1Pe 1:23 Being born again, not of **corruptible seed**, but of **incorruptible**, by the **word of God**, which liveth and abideth for ever. KJV

1Pe 1:23 For you have a **new life**. It was not passed on to you from your parents, for the life they gave you will fade away. This new one will last forever, for it comes from Christ, God's ever-living Message to men. TLB

1Pe 1:23 for you have been **born again** [that is, **reborn from above—spiritually transformed, renewed, and set apart for His purpose**] **not of seed which is perishable** but [from that which is] **imperishable and immortal**, that is, through the living and everlasting word of God. AMP

Being born again is the only way we can enter the Kingdom of Heaven. We need to be born again, but it does not stop here. We need water baptism (that the old man can die) and Holy Spirit baptism (to receive God's resurrection power - dunamis power) to have power to rule and to take authority given to us by Jesus Christ to overcome difficulties and the enemy. This is what Jesus was telling Nicodemus - saying to him how is it that you are a teacher yourself but you do not know these things?



Joh 3:3 Jesus answered and said unto him, Verily, verily, I say unto thee, **Except a man be born again**, he cannot see the kingdom of God.

Joh 3:5 Jesus answered, Verily, verily, I say unto thee, Except a **man be born of water and of the Spirit**, he cannot enter into the kingdom of God.

Joh 3:6 That which is **born of the flesh is flesh**; and that which is **born of the Spirit is spirit**.

After our born again experience, which is only to confess and believe (*Rom 10:10 For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation*) we enter the Kingdom of Heaven. When you confess with your mouth and believe in your heart that God is Lord, the Messiah the Anointing one - Christ we came out of darkness into the light and we yield and submit to God.

Act 26:18 To open their eyes, **and to turn them from darkness to light**, and **from the power of Satan** unto **God**, that they may receive **forgiveness of sins**, and inheritance among them which are **sanctified by faith** that is in me.

Then Christ is in you, perfectly made and you are a new creature (some versions is saying a new species).

Joh 17:23 I in them, and thou in me, that they may be **made perfect in one**; and that the world may know that thou hast sent me, and hast loved them, as thou hast loved me.

This is profound folks, we are perfectly made, new creature, all old things have passed away and ALL things are new and what is even more profound is that you now have the MIND OF CHRIST.

2Co 5:17 Therefore if any man *be* in Christ, *he is* a **new creature**: old things are passed away; behold, **all things are become new**.



1Co 2:16 For who hath known the mind of the Lord, that he may instruct him?
But we have the mind of Christ.

All these things happen in our spirit which we can't see or feel - we only believe it. It is by faith and not by feeling or sight. Previously I asked God to just give me more faith so I can do more or believe more. ***Even more good news - you have the exact measure of faith of Christ!***

I told you to keep on your seatbelts - yes this is what the Word of God is telling us.

Paul is saying that we have "the measure of faith" which mean each and every one of us has the same measure of faith which equals the measure of faith Christ had when he walked on the earth.

Rom 12:3 For I say, through the grace given unto me, to every man that is among you, not to think *of himself* more highly than he ought to think; but to think soberly, **according as God hath dealt to every man the measure of faith.**

You are even "SEALED" by the Holy Spirit after you heard the word of truth and made it to salvation. Your spirit will never change again - you are perfectly made as Christ. I really hope you are catching this because it will change your life forever when you know that you are a spiritual being, born again out of incorruptible seed, the Word of God, having the measure of faith and vacuumed back to eternity.

Eph 1:13 In whom ye also *trusted*, after that, ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, **ye were sealed with that holy Spirit of promise,**

So what's left? We now need to renew our mind - our mind is part of our soul.

Rom 12:2 And be not conformed to this world: but be ye transformed by the **renewing of your mind**, that ye may prove what *is* that good, and acceptable, and perfect, will of God.



One day when Jesus comes back and raises the dead we will receive our glorious body and then we will also receive our new souls with minds which will know all!

1Co 15:52 In a moment, in the **twinkling of an eye, at the last trump: for the trumpet shall sound**, and the dead shall be **raised incorruptible**, and **we shall be changed**. 53 For this **corruptible must put on incorruption**, and this **mortal must put on immortality**. 54 So when this corruptible shall have put on incorruption, and this mortal shall have put on immortality, then shall be brought to pass the saying that is written, **Death is swallowed up in victory**. 55 O death, where *is* thy sting? O grave, where *is* thy victory? 56 The sting of death *is* sin; and the strength of sin *is* the law.

How does your mind become Renewed?

Your mind is renewed or cleansed by the washing of the **water of the WORD!** This means you begin to **meditate on the Word of God day and night** - Studying thoughts and comparing them to how God thinks.

- The Word of God teaches us how to think
- This thinking now confronts the bad thinking
- If you have fear / anxiety / stress disorders this is the process of getting free!
- This is the beginning to make us correct spiritual people in the way we think, speak and act!

It is a journey of SANCTIFICATION

Theta Brainwaves

- Theta Brainwaves are the pathway of impressions, thoughts and pictures allowing your brain, to be connected to your spirit man.
- Theta brainwaves are about four and a half beats per second - so if we can yield our minds to the enemy we activating the pathway between the soul



and the spirit allowing evil spirits access to the human soul through thoughts.

- If we didn't have theta brainwaves, we would never have a conscience that would speak to you.
- You would never hear the ***voice of the Holy Spirit bearing witness to the truth***, you would never be convicted of anything and you would never be tempted by the devil and his kingdom.
- An evil spirit can speak to your spirit - You perceive its thoughts in the soul level through theta brainwave activity.
- Your spirit knows everything your soul does and your soul knows everything your spirit does because of theta.

Many people don't realize that temptation can come in the form of EMOTIONS & FEELINGS. Satan does not necessarily come to us with "go and murder" – "go commit adultery" etc. He however will come to us **through his kingdom** with aspects of **human failure** and try to get us to become a **personality of human failure**.

- Satan said to Adam & Eve to eat the apple and by doing that it would only make them wise!
- The moment they sinned - they were taught the knowledge of sin - the Law of Sin.
- They started knowing evil and which was never God's intention - He only wants us to know GOOD!
- We only can know what we are taught - throughout our lives, we are taught from external and internal sources - this involves a tremendous amount of discernment to help you hold every thought captive!
- The only way Satan's kingdom could have access to Adam & Eve was to give him permission.



- Adam & Eve gave that kingdom permission when they disobeyed God's command

When they ate the apple - their spiritual eyes opened. Spiritual understanding came and they knew good and evil. They saw they were naked - and were ashamed of their nakedness - when God came down they had GUILT And they had FEAR!

God answered: **"WHO TOLD YOU THAT YOU WERE NAKED?"**

The same today - Who told you? - Who told you - You have depression - Who told you - You have cancer?

Trained

We have been trained over 6000 years to think just the opposite of God - We have been taught to be victims, to make victims, to be afraid, to be rejected, to be bitter, to have inappropriate feelings and then when you go to a shrink, he blames you anyway!

"SO - Who told you to be afraid, to be bitter, to be depressed?"

You are not the problem - we have been trained in the law of sin! Are your thoughts your own?

- ***God want to remove the things that are not of Him - this will begin to renew our minds!***
- And so we will have the mind of Christ and to have ways of thinking that are superior to the law of sin.
- God want to teach you - the Holy Spirit want to bear witness of truth.

In this regards - 1 John 2 is an amazing Chapter to read and to study - it changed my life when I heard these truths that God want to teach you - Paul is says (TLB)



¹² I am writing these things to all of you, my little children because your **sins have been forgiven in the name of Jesus our Savior**. ¹³ I am saying these things to you older men because you really know Christ, the one who has been alive from the beginning. And you young men, I am talking to you because **you have won your battle with Satan**. And I am writing to you younger boys and girls because you, too, have learned to know God our Father.

15 **Stop loving this evil world** and all that it offers you, for when you love these things you show that you do not really love God; 16 for all these worldly things, **these evil desires—the craze for sex, the ambition to buy everything that appeals to you, and the pride that comes from wealth and importance**—these are not from God. **They are from this evil world itself**. 17 And this world is fading away, and this evil, forbidden things will go with it, but whoever keeps doing the will of God will live forever.

18 Dear children, **this world's last hour has come**. You have heard about the Antichrist who is coming—the one who is against Christ—and already many such persons have appeared. This makes us all the more certain that the end of the world is near.

20 But you are not like that, for the Holy Spirit has come upon you, and you know the truth. 21 So I am not writing to you as to those who need to know the truth, but I warn you as those who can discern the difference between true and false.

24 So keep on **believing what you have been taught** from the beginning. If you do, you will **always be in close fellowship with both God the Father and his Son**. 25 And he himself has promised us this: **eternal life**.

27 But **you have received the Holy Spirit**, and he lives within you, in your hearts, **so that you don't need anyone to teach you what is right. For he teaches you all things, and he is the Truth**, and no liar; and so, just as he has said, you must live in Christ, never to depart from him.



These are very important and piercing words from Paul. First, he mentions and refers to those who won the battle against satan. The battle is in our mind! Then he warns us - stop loving this world (*come out of the world*) - it brings evil desires, craze for sex, ambitions to buy everything you see and the pride of wealth of this world. The KJV 1Jn 2:16 referred to it as "the **lust of the flesh**, and the **lust of the eyes**, and the **pride of life**" and that is not of the Father, but is of the world. Then Paul is makes a very interesting and important statement that we are in the last hour of this world (*I heard a testimony of someone who heard God's voice that we are currently in the last minute of the last hour of the last days*) - so please hear these truths today and be delivered! God teaches us and those who want to learn the truth from him will be attracted to HIM

John 6:45 As it is written in the Scriptures, 'They shall all be **taught of God**.' Those the Father speaks to, **who learn the truth from him**, will be **attracted to me**. TLB

But, says Paul, the Holy Spirit comes to you and you must believe what you have been taught and have close fellowship with God. You that have received the Holy Spirit do not need anybody else to teach you anything - God Almighty will teach you. Therefore, my friend, let yourself be washed clean by the Word of God.

As you read Scriptures - alpha waves give you the ability to have cognitive, deductive reasoning.

- The alpha waves record all the things that you've perceived externally and internally, integrated to produce deductive reasoning.
- This becomes the compositeness of the identification of your personality and your soul.



Wholeness

God wants us to be sanctified - wholly - not only in some parts - wholeness in our spirit, soul, and body!

1Th 5:23 And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

80% of all disease originates in the spirit level. It is the WRONG WAY OF THINKING that triggers the body to respond to disease!

IN FACT - ALL YOUR ENEMY HAS TO DO TO PRODUCE OVER 100 MAJOR SYNDROMES AND DISEASES IS TO CONTROL THE ACTIVITY OF YOUR HYPOTHALAMUS, THROUGH THE MIND-BODY CONNECTION

The Enemy

Let's look how the enemy works:

- The enemy can't touch you - just as he could not touch Adam & Eve until they said amen to the thought process of Satan
- First - the enemy (*demonic forces*) keep your thoughts captured and make his spirituality part of your spirituality.
- So, let's say a spirit of **FEAR** begins to speak to you.
- A spirit of fear knows it cannot put a disease on you unless you are disobedient to God's Word.
- When the spirit of fear enters - you become **disobedient to the Word of God** as Scripture is telling us: **2Ti 1:7 For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.**
- It will speak to you - spirit-to-spirit out of the spirit world because it is a spirit.
- It needs your permission to co-operate - How does it get your permission?



- The first thing it is going to do is to begin to give you thoughts - This is a temptation!
- The Word of God says we need to cast down imaginations - and bring all and every thought into captivity.

2Co 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;

- That is why we need to hold every thought captive to obedience to God.
- These are your feelings, apprehensions, emotions, trepidations and uneasiness
- You are being tempted to believe that they are real!
- It wants to train you in the law of sin so it can put a disease on your body.
- You are taught when you have these feelings that it is a negative emotion - a psychological defect.
- Through this spirit of fear - when you give permission to it you can get "**High Blood Pressure**" which comes out of **DISOBEDIENCE to God's Word**
- Medical science says hypertension is a stress disorder

The doctor

- The doctor just puts you on medication - he doesn't discuss it with you that you have stress disorder!
- He is not concerned about the pathway of your thoughts that produced that disease!
- Neither has the medication sanctified you!
- Are your feelings and thoughts GOOD or EVIL?
- When you say well it is just human nature - Human nature is not evil.



- Something has joined human nature and made it less than what God had intended.
- If we can remove what is not of God, we have human nature that has been sanctified to produce wholeness.
- Then your mind is renewed by the washing of the water of the Word.

Feelings

- You have become one with something as if it were you.
- A spirit of fear can teach you to be so afraid through the spirit, soul (mind) and body connection that your body can shake!
- Your body can even go into anaphylaxis or catatonic states - get rashes, hives, hyperventilate, heart palpitations, start to sweat and you are convinced that this is real
- It is only real because you have bought the law of sin as a way of thinking

High Blood Pressure

- Giving you feelings of worry, pictures of things that can go wrong in the future, get you to worry about the economy, worry about the mother-in-law who wants to come live with you - worry about finances and the 6 o'clock news is certainly going to stir you up.
- As a result, the enemy has trained you in your long-term memory to make you worry part of your personality
- BUT the **Bible says not to take thought for tomorrow!** So all the worry is just to get you to violate this one Scripture

Mat 6:34 Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof.



- After a period of time, that thought, through protein synthesis, will become permanently part of your biology.
- Now, not only are you being tempted - you have the law of sin working as part of your existence.
- ***As you become one with worry, the mind-body connection, through the limbic system puts things in motion.***
- The hypothalamus integrates a pathway to produce all kinds of neurological misfiring.
- The central nervous system, endocrine system, and homeostasis are affected until finally, you're like a scarecrow flapping in the wind of a hurricane.
- All of this is because you think that is just who you are and physiological manifestations are occurring to prove it.
- An imbalance of the sympathetic nervous system occurs.
- This causes the cell membrane of the cardiovascular system to narrow.
- The **opening is not large enough to accommodate the volume of blood**
- That increases blood pressure.
- So you take a drug that is a beta blocker - that opens up the blood vessels and it appears you are out of danger.
- But you still worry - ***You still fear and you are not sanctified*** - and still, you are not a doer of the Word!.
- You are actually being maintained by the same kingdom who gave you the disease.
- Paul calls pharmakeia - witchcraft (Gal 5) - it is a work of the flesh because it offers itself as a healing.
- It is not - it is disease management. Disease management means you are not healed.
- You might be out of danger but you are not healed.



- God does not want you to be managed; He wants you to be free of disease.
- You can prevent and defeat high blood pressure if you understand how this kingdom speaks to you.
- **Self-accusation and guilt are going to hammer you** - then you are going to go into denial because you don't want to face your battleground.
- Out of sight out of mind is not a spiritual principle!
- Denial exposes you to the enemy - We must discern the source of our thoughts!

Scripture is very clear - we can yield to the **Law of God or to the Law of Sin**

- You serve the law of sin with the flesh - your mind
- Why? - Because your soul is weak - it has been weakened by the enemy over time.
- This is where the enemy attacks you.
- And that is why you need to renew your mind - heal your soul to get out of captivity.

Choice

You have a choice to make. You have held the law of GOD in one hand and the law of SIN in the other.

- When someone comes against you, you have a choice to make - **you are either going to repay evil with evil or repay evil with good!** (Prov 15:1 - "A soft answer turns away wrath")
- The law of God says to forgive them - don't pay attention when wrong is done to you - it's hard, isn't it? WHY?
- Because you have been trained by the law of sin screaming in your head, tempting you to repay evil with evil.



- When you feel like being bitter, hateful toward yourself, bitter at others or when you have rejection, fear, unloveliness, envy and jealousy, that is a temptation!
- If it has become part of your personality, then you are serving SIN!
- You need to recognize it, repent to God for serving it and be delivered!
- Then you can have your mind renewed.
- Otherwise, you are stuck with it and the torment that comes with it.
- GOD is not going to sovereignty overtake you - you are going to have to work with God in your journey.
- You can hold up unforgiveness in the one hand and forgiveness in the other hand and you CAN choose to FORGIVE!
- Not because you feel like it - but because it is God's will!
- Forgiveness is superior to unforgiveness - Love is superior to hate - being a peacemaker is superior to begin a troublemaker
- Having mercy is superior to showing no mercy - Having patience is superior to showing impatience

The Enemy at Operation

Let me tell you a story which I experienced first hand

I was ministering to a lady in her early 70's, who had all the arthritis sickness in the book. It was an amazing experience to see, after 15 hours of ministering scriptures to her for two days to see how she stood up and walked straight without pain. After a few weeks, we also baptized her (*having to know her background, to baptized a 70-year-old, very conservative Dutch Reformed church member is a miracle itself*) and she asked me if I could pray for her bladder? When she told me that she could not sleep at night because of the high urine demands, I immediately said we first have to make sure we are praying for the right things.



So I started to follow the tracks and roots, all under the leading and inspiration of the Holy Spirit, and came back to her and asked her:

"Do you have any heart problems"? - **NO, she said.**

"Do you take any medication for high blood pressure, I asked"? **NO, she answered**

Her daughter, standing in the kitchen hearing our conversation responded, and said but tell him, mom, that you are taking a pill for your high blood pressure.

O, Ok, I said - so you have high water retention in your feet? **Yes, she said - just look how swollen my feet are.** She also then told me that the doctors had given her a pill not to urinate during the night - it closes up everything.

Ok, the Lord is right! - Let me tell you what the problem is

The Lord showed me the following from a bladder - a high urinated problem - to a heart failure root problem, calling **congestive heart failure.**

- *Congestive heart failure (CHF) is a chronic progressive condition that affects the pumping power of your heart muscles. While often referred to simply as "heart failure," CHF specifically refers to the stage in which fluid builds up around the heart and causes it to pump inefficiently. You have four heart chambers. The upper half of your heart has two atria, and the lower half of your heart has two ventricles. The ventricles pump blood to your body's organs and tissues, and the atria receive blood from your body as it circulates back from the rest of your body. CHF develops when your ventricles can't pump blood in sufficient volume to the body. Eventually, blood and other fluids can back up inside your lungs, abdomen, liver and lower body.*

Basically, you get a left-sided and a right-sided CHF. Left-sided CHF is the most common type of CHF. It occurs when your left ventricle doesn't properly pump blood out to your body. As the condition progresses, fluid can build up in your lungs, which makes breathing difficult. Right-sided CHF occurs when the right ventricle has difficulty pumping blood to your lungs. Blood backs up in your blood vessels, which causes fluid retention in your lower extremities, abdomen, and other vital organs.



As we explained earlier, the spirit of FEAR - when you give permission to it you can get "High Blood Pressure". That's why I asked the question if you are on any medication for high blood pressure. High blood pressure puts extra strain on your heart and blood vessels because the cell membrane of the cardiovascular system narrow. The opening is not large enough to accommodate the volume of blood - that increases blood pressure. Taking high blood pressure medication only opens up the blood vessels and it appears you are out of danger. But you still worry - You still fear and you are not sanctified - and still, you are not a doer of the Word!.

Fluid retention in the lower extremities builds up during day time and when you go to bed, all the excessive fluid excretes through the bladder - hence the reason for the high urine demands during night time.

Wow - an eye opener to me too!

This is how subtle the enemy is working. I am not against any doctor - but spiritual rooted disease, sickness, bondages, captivity do not lay in the field of the medical profession. Sorry to say - and they are making pretty much too much out of this profession - all of this a strategy of the enemy.

Beware of the Chaldeans.

Yes - she confirms - when I am on the road travelling to my children I am very anxious and feel stressed and when I reach my destination, my feet are swollen. So now we can pray - we have caught the thief. And we speak to the mountain;

"FEAR, in Jesus Name we rebuke you and cancel all your rights and dominion - you have to go immediately in Jesus Name".

And there go excessive urinated demands during night time out of the house

We got rid of the squatters!



BUT IT'S YOUR CHOICE!

DO YOU REALLY WANT TO CHANGE?

IF SO

GOD WILL HELP YOU TO BE TRANSFORMED BY THE RENEWING OF YOUR MIND.

HE WILL WORK THROUGH YOUR PATHWAYS OF THOUGHT

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*"I am the Bright Morning Star -
Surely I come quickly"
Rev 22:16, 20*

